

INVOLVEMENT MENU

There are so many ways to get connected at UofM! This menu is your guide to a buffet of involvement opportunities!

APPETIZERS

Don't have much time? Try an appetizer! These are lower commitment, one-time opportunities.

Fitness Class with Campus Recreation

Try a fun fitness class like yoga or cycling at the Campus Rec Center **TC**

Student Activities Council Event Attend an event hosted by our Student Activities Council (SAC) like Movie on the Lawn **TC**

Volunteer Event or Service Project

Give back to our community through programs like Service on Saturday **LC**

Fine Arts Event Attend a concert, see a show or visit the art museum **LR**

Student Organization Events Student organizations host events too—check out the calendar on Tiger Zone **TC**

Lectures & Speakers Learn about something new by attending a topical speaker event **LR**

Athletic Events Cheer on our Memphis Tigers and show your school pride **TC**

ACAD 1100 & Learning Communities These are academic opportunities to get incoming freshmen connected (talk to your advisor) **LR**

Conferences There are plenty of one-day conferences throughout the year to enhance personal and professional development **PS**

MAIN COURSE

Find a group of like-minded people with these long-term commitments to deeply engage in one area.

Registered Student Organizations Tiger Zone has over 200 registered student organizations for every interest and topic **TC**

Fraternity & Sorority Life Develop your leadership while finding brotherhood or sisterhood **SP**

Tiger Elite Recruit prospective students to the University through the Office of Admissions **CB**

Student Ambassador Board A dedicated group of students that hosts Alumni Association and presidential events **PS**

Blue Crew Be on the front lines of Tiger athletics with this spirited group **TC**

Intramural Sports Get a team together to play more than eight different sports **TC**

Undergraduate Research Work with faculty to conduct research in your major area **LR**

Student Employment Work on campus with Tiger Dining, tutoring, conferences, events and many more! **PS**

A LA CARTE

Dive into a shorter-term opportunity with significant commitment and deeper leadership development.

Tiger Leadership Institute

Peer-facilitated leadership development throughout your college career **SP**

Frosh Camp Counselor Guide new students in learning the ropes of being a student leader **SP**

Orientation Guide Help get students connected to the UofM during New Student Orientation **CB**

Student Activities Council As a board or committee member, help plan and implement campus events **PS**

Student Government Association

Let your voice be heard as a decision maker in the University's future **TC**

Resident Advisor & Conference Assistant Be a peer leader and guide in your residence hall **CB**

Involvement Ambassadors A student group that promotes campus engagement and provides training to RSOs **CB**

DAILY SPECIALS

Serving everything fresh and in season, these events occur periodically during the year.

Informational Fairs Involvement Fair, Career & Internship Fair, Off-Campus Housing Fair, Study Abroad Fair, Health Fair, etc. **PS**

Homecoming A week of spirited activities, events and fun culminating with Tiger football **TC**

Leader to Leader Learn about leadership from a local professional over lunch **SP**

Themed Months From Black History Month to Women's History Month to Hispanic Heritage Month, we have you covered **LR**

Up Til' Dawn Finale Register and fundraise \$100 for the children of St. Jude in order to attend this end-of-the-year celebration **LC**

Study Abroad The world is your oyster with more than 200 study abroad programs each semester **LR**

Internship Opportunities Get hands-on work experience interning in your intended career field **PS**

Alternative Break Service Trips Spend your time off participating in community service programming **LC**

Women's Leadership Program

Engage in leadership development, networking and mentorship experiences with local women who serve as leaders in the midsouth community **LC**

Sophomore Programs A variety of initiatives meant to support the transition through your second year of college **LR**

DESSERTS

Go for a sweet culminating experiences, honors and awards.

President's Leadership Recognition Awards

Recognizes outstanding organizational and individual achievement **LC**

Mr. and Ms. UofM Recognition for outstanding commitment to the University presented during Homecoming **LC**

Carson Circle Honor for graduating seniors who have demonstrated exceptional leadership during their time at the UofM **LC**

Graduating with Honors Earn a GPA of a 3.25 or above to be recognized with honor cords at graduation **LR**

STUDENT LEADERSHIP & PROFESSIONAL COMPETENCIES

Your involvement experience can help you gain valuable leadership skills. Plan out your involvement around competency growth.

- TC** Teamwork & Collaboration
- LR** Learning & Reasoning
- PS** Professional & Strategic Planning
- CB** Communication & Digital Technology
- SP** Self-Awareness & Personal Behavior
- LC** Leadership & Civic Responsibility



CONTACT US

Email studentleadership@memphis.edu

Web memphis.edu/studentinvolvement

Facebook facebook.com/SLIMemphis

Twitter @SLIMemphis

Tiger Zone memphis.edu/tigerzone

Instagram @SLIMemphis



ENGAGEMENT PLAN

STUDENT LEADERSHIP & PROFESSIONAL COMPETENCY CLUSTERS



GOAL SETTING

GOAL	SLPC	ACTION STEPS	DUE DATE
Example: Join an RSO connected to my academic major	Professional & Strategic Planning, Learning & Reasoning	1. Research options on Tiger Zone. 2. Contact organization president. 3. Attend first meeting of the semester	8/29